

Top 10

*Synthetic Cosmetic Ingredients to Avoid
Found in skin care, body care and self care products*

1. Methyl, Propyl, Butyl and Ethyl Paraben
2. Diethanolamine (DEA), Triethanolamine (TEA)
3. Diazolidinyl Urea, Imidazolidinyl Urea
4. Sodium lauryl/Laureth Sulfate. **see article on Sodium Lauryl Sulfate*
5. Petrolatum
6. Propylene Glycol
7. PVP/VA Copolymer
8. Stearalkonium Chloride
9. Synthetic Colors - Any FD&C or D&C
10. Synthetic Fragrances - says "fragrance" on label.